



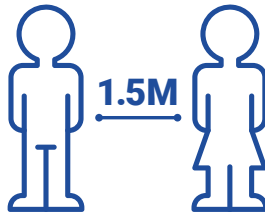
SCA MEMBERS COVID-19 TRAINING

Everybody has a responsibility to stop the spread!
COVID-19 can affect anybody. Lead by example to comply with regulations and restrictions

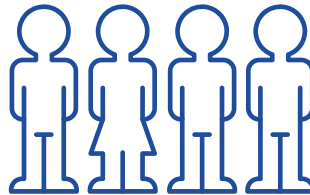
STOP THE SPREAD



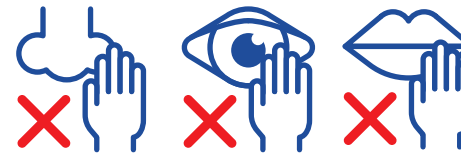
Hand Hygiene



Social Distancing



Avoid congregating
in groups



Avoid touching your
lips, nose and eyes.



Respiratory Etiquette
Cover your mouth and nose when you cough
and/or sneeze. Use a tissue (bin after use)
or use your bent elbow

Fill out the attendance register upon arrival and departure

Do not attend the event if you do not feel well or have COVID-19 symptoms

Common symptoms are fever, coughing, sore throat and fatigue. Not everyone will display symptoms

Do not attend the event if you have been overseas or in a COVID hotspot in the last 14 days

If you have symptoms whilst at event:

1. Move yourself to designated isolation area and put on a clean disposable face mask.
2. Inform a committee member (via phone if possible), with their assistance make a plan for you to safely leave the grounds.
3. Call a doctor or 134 covid(134 268).

Camping:

Maximise your distancing between groups not less than 15 meters.
Limit the duration of your stay.
Provide your own shower, toilet and cooking facilities where ever possible.

I have read SCA Members COVID-19 Training:

Everybody has a responsibility to stop the spread of COVID-19 Download the COVID-APP to your Phone.